



## What is Live-in Care?

Live-in care refers to one-on-one, around-the-clock, personalized care within the home. Live-in care services are an effective solution for seniors who require 24-hour care and are able to provide a caregiver with food and a place to sleep. Live-in care is also a good alternative if you will be on vacation or out of town for a short period of time and would like for someone to be at home with your loved one in your absence. Use the list below to help you understand live-in care and how it affects your family.

*Designate a space in your home for the live-in, this includes the following:*

- ▶ Sleeping arrangements (a separate bed)\*
- ▶ A place to put his or her belongings (dresser, closet, etc.)
- ▶ Groceries/food (provided by patient and/or family, but prepared by live-in)

### *Rates and Caregiver Responsibilities:*

- ▶ Live-in care rates vary by location and are subject to change depending on the type of care needed and other factors including number of clients, transportation needs, etc.
- ▶ The live-in is only responsible for the care of his/her patient, not other individuals living in the home.
- ▶ Live-ins can provide the following services\*\*:
  - Bedside monitoring for patients in a facility or in the home
  - Assistance with personal care activities (bathing, grooming, etc.)
  - Reminding (medication, dates, routines, etc.)
  - Assisting with mobility
  - Preparing meals and feeding
  - Providing companionship
  - Performing light housekeeping
  - Running errands (prescription pick-up, dry cleaning, etc.)
  - Organizing, shipping, and reading mail
  - Grocery shopping
  - Escorting to appointments
  - Assisting with pet care
  - Entertaining (games, crafts, reading, etc.)

## What to expect from CareFocus?

*Transitioning from the Hospital, Rehab Center, or Facility to the Home:*

- ▶ At CareFocus Companion Services, we feel that choosing the right live-in is one of the most important steps in transitioning to outside help. To begin this process, a CareFocus representative will schedule interviews with potential live-ins to determine if he or she is a good fit for your needs.
- ▶ After you choose the right live-in, a CareFocus representative will arrange any necessary sessions, including a therapy session at the facility before you or your loved one goes home. During this therapy session, the live-in learns necessary information and exercises to continue to develop the techniques used in you or your loved one's treatment.

*Once at Home:*

- ▶ CareFocus coordinates and provides live-in transportation to and from your home in an effort to make you and your family more comfortable.
- ▶ Once at home we will send a supervisor to do an in-home assessment to complete the required initial paperwork. This initial assessment will include an agreement for services, emergency management plan, and any other case-specific information.
- ▶ Additionally, a CareFocus representative will follow up with you and your family 24 to 48 hours after your case begins to ensure satisfaction.
- ▶ CareFocus also performs supervisor home visits to evaluate your case and make any needed adjustments.
- ▶ In the case that your permanent live-in(s) needs time off, CareFocus will work directly with your family to plan for alternative care by finding a substitute live-in. You may also choose to care for your loved one on your own until your permanent live-in returns.
- ▶ CareFocus representatives are available 24-hours a day, 7 days a week to answer your questions.

## Contact Us Today for More Information!

\*As required by law, caregivers must have a set period of uninterrupted sleep while staying with a patient. Please consult with your local office to determine what is required within your state.

\*\* Services may vary based on scope of care and caregiver license.